



BED RACE 2023

Saturday, October 14th at 9 am

Team Rules

1. Each team consists of 5 people per team, at least 13 years or older. If between 13 and 18, a parent or guardian must sign an additional waiver. All team members must sign a waiver in order to participate.
2. Team member substitutions not allowed after team check-in. Teams may have one alternate in case of injury.
3. In the competitive division ONE person must be designated as a bed rider for the day's races. Once a bed rider is chosen, please write that information on the team envelope you will receive and return at check-in. Changing bed riders will not be permitted in the competitive division. In the Just for Fun division any of the 5 team members may ride in any race.
4. The rider must sit or lay flat when racing. All 4 pushers must be in contact with the bed when crossing finish line in the heats and in the race.
5. Helmets, seat belts and other safety gear is strongly recommended. Closed toe shoes are required (no bare feet, no flip flops or open toe shoes).
6. This is an all ages, family friendly event to benefit The Furniture Bank of Central Ohio. Please keep bed themes, décor and costumes family friendly.
7. Rented shareable beds cannot have decorations except one removable sign with your team name. Signs must not obstruct racers sightlines.
8. Rented reserved beds can only have removable and temporary decorations. No staples, paint, screws, nails may be used.
9. FBCO provided beds must have the swivel wheels in the front at the time of racing that way beds are easy to steer.
10. After each race, we are asking that you transport your bed back to the bed corral at the starting line. At least 2 team members will be required.
- 11. All racers must maintain contact with the bed when crossing the finish line.**